

LIFTING OUR HEARTS in THANKSGIVING

With joy and thanksgiving, lift up your hearts to the Lord!

We pause and give thanks to the Good God for all His gifts and blessings to us. Thanksgiving is not a once a year event, but rather an every day one.



We pause and remember that we are always and everywhere in God's holy presence.

**All praise and glory, honor and adoration to You,
Father, Son, and Holy Spirit,
Giver of every good gift.**



**We plough the fields and scatter the good seed on the land,
but it is fed and watered by God's almighty hand;
He sends the snow in winter,
the warmth to swell the grain,
the breeze and the sunshine,
and soft refreshing rain.**

**All good gifts around us are sent from heaven above,
Then thank the Lord, O thank the Lord for all His love.**

**He only is the Maker of all things near and far;
He paints the wayside flower; He lights the evening star,
the winds and waves obey Him, by Him the birds are fed;
much more to us His children, He gives our daily bread.**

**We thank You then, Dear Father,
for all things bright and good:
the seedtime and the harvest,
our life, our health, our food,
and all that we can offer
Your boundless love imparts;
the gifts to You most pleasing are humble, thankful hearts.**

Let us pause, remember and give thanks for:

**The gift of creation, the gift of life, for our life and for all who sustain life.
Glory be to the Father, and to the Son, and to the Holy Spirit.**

**The gift of the Triune God, Mary our mother, St. Joseph
and all the angels and saints.
Glory be to the Father, and to the Son, and to the Holy Spirit.**

**The gift of Jesus our Brother and Savior in Word and Sacrament.
Glory be to the Father, and to the Son, and to the Holy Spirit.**

**The gift of our Catholic Christian faith
and for all who have nurtured us in this faith.
Glory be to the Father, and to the Son, and to the Holy Spirit.**

**The gift of our vocation in life
and for all those who have touched our lives and for those we have impacted.
Glory be to the Father, and to the Son, and to the Holy Spirit.**

**The gift of our family and ancestors, our friends and co-workers.
Glory be to the Father, and to the Son, and to the Holy Spirit.**

**The gift of all who give of their time and talents
to serve us in the many aspects of everyday life.
Glory be to the Father, and to the Son, and to the Holy Spirit.**

**The gift of those who love us and for those who fail to love us.
Glory be to the Father, the Son, and the Holy Spirit.**

**The gift of food and shelter, our health,
our skills and talents and our employment
Glory be to the Father, and to the Son, and to the Holy Spirit.**

**The gift of our country, state, local municipality,
for our civic leaders and for all those who volunteer.
Glory be to the Father, and to the Son, and to the Holy Spirit.**

**For all our gifts and blessings.
Glory be to the Father, and to the Son, and to the Holy Spirit.**

TE DEUM

You are God, we bless You;
You are the Lord, we acclaim You;
You are the Eternal Father;
all creation worships You.

To You all angels, all the powers of heaven,
Cherubim and Seraphim, sing in endless praise:
Holy, holy, holy Lord, God of power and might,
heaven and earth are full of Your glory.

The glorious company of the apostles praise You.
The noble fellowship of prophets praise You.
The white robed army of martyrs praise You.
Throughout the world the holy Church acclaim You;
Father of majesty unbounded,
Your true and only Son, worthy of all worship,
and the Holy Spirit, Advocate and Guide.



Colossians 3: 12–17

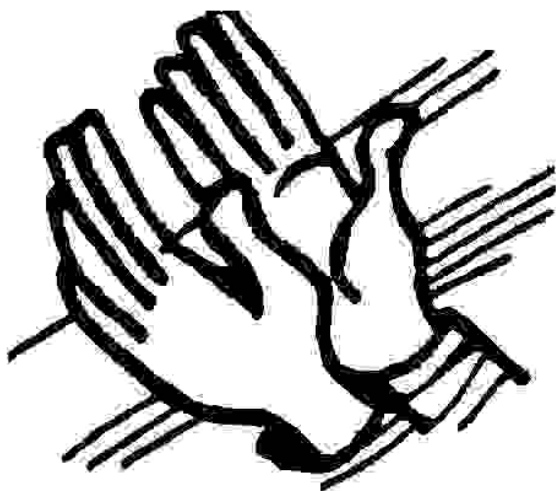
Because you are God's chosen ones, holy and beloved, clothe yourselves with heartfelt mercy, with kindness, humility, meekness and patience. Bear with one another; forgive whatever grievance you have against one another. Forgive as the Lord has forgiven you. Over all these virtues put on love which binds the rest together and makes them perfect. Christ's peace must reign in your hearts since as members of the one body you have been called to that peace. Dedicate yourselves to thankfulness. Let the word of Christ, rich as it is, dwell in you. In wisdom made perfect, instruct and admonish one another. Sing gratefully to God from your hearts in psalms, hymns and inspired songs. Whatever you do, whether in speech or in action, do it in the name of our Lord Jesus Christ. Give thanks to God through Him.



Reflection

O children of peace, children of the Church, one and Catholic, walk in the way that is Christ! Sing on the way as pilgrims do to console themselves in the fatigue of the journey. Sing on the way! I implore you, through Him Who is our Way, sing a new song! Since you are new persons walking on a new path, sing a new song.

– St. Augustine



Psalm 67

**O God, be gracious and bless us
and let Your face shine its light upon us.
So will Your ways be known upon earth
and all the nations learn of Your saving help.
Let the peoples praise You, O God,
let the peoples praise You.
The earth has yielded its fruit
for God, our God, has blessed us.
May God still give us His blessing
till the ends of the earth revere Him.**



**Saint John Baptist de La Salle
and all you holy Brothers who have gone before us,
Help us to be people of praise and thanksgiving.**

Live Jesus in our hearts. Forever!