A PRAYER IN TIME of TROUBLE
Humble yourself and cast all your cares upon Him for He cares for you.
1 Peter 5: 6-7

PRESENCE OF GOD
Let us pause and remember that our God is with us wherever we go and in whatever circumstance we find ourselves. He will not leave us orphans.

PSALM
1. I am feeble and utterly crushed; my heart groans in anguish.
2. My sighing is not hidden from You, O Lord.
1. I wait for You to rescue me, O Lord my God.
2. For we know that the Lord is close to the brokenhearted and saves those who are crushed in spirit.
1. I know that God heals the brokenhearted and binds up all our wounds.
2. You, O God, are a refuge for the oppressed; a stronghold in times of trouble.
1. It is You, O my God, who delivers us when we cry out; the afflicted who have no one to help them.
2. The Lord will keep us from all harm.
   He will watch over our coming and going now and forevermore.

SCRIPTURE: 2 Corinthians 1:3-5
Praised be to the God and Father of our Lord Jesus the Christ, the God of compassion and the God of all comfort Who comforts us in all our troubles, so we can comfort those in any trouble with the comfort we have received from God. For just as the sufferings of Christ flow over into our lives so also through Christ our comfort overflows. The Word of the Lord!

REFLECTION
It has been said that “life was never meant to be easy.” And I believe we can all testify to this. We all face trials, troubles and difficulties from time to time. To help us through them, in difficult times and at critical moments in life we can bring our needs to God in prayer. Then as we realize God’s power, love and goodness we lift our hearts in praise and thanksgiving for we are not alone. Only those who see the big picture, God at work even in our trying times, can suffer gladly (Romans 5:3).

PSALM 23
You, Lord, are my Shepherd. I will never be in need.
You let me rest in fields of green grass.
You lead me to streams of peaceful water, and You refresh my life.
You are true to your name, and You lead me along the right paths.
I may walk through valleys as dark as death, but I won’t be afraid. You are with me, and Your shepherd’s rod makes me feel safe.
You treat me to a feast, while my enemies watch.
You honor me as Your guest, and You fill my cup until it overflows.
Your kindness and love will always be with me each day of my life, and I will live forever in Your house, Lord.
INTERCESSIONS
Response: WE PUT OUR TRUST IN YOU, O LORD.

For all those who are faced with physical or mental situations, that You, Lord, will be there with them, we pray:

For all who are fighting addictions of any kind, give them strength, Lord, to overcome them with the help and prayers of others, we pray:

For those who face economic hardship and the dire circumstances that ensue that they may find the ways and means to overcome this heavy burden, we pray:

For those who are refugees from war, dissension, natural calamities and man-made tragedies, that You, O Lord, will give them security and peace, we pray:

For all those who feel unwanted, unloved or the object of cruel remarks that they find in You, Lord, their true and lasting Friend, we pray:

For those who feel isolated with no one to turn to and no place to go, give them, O Lord, the insight and faith to realize that You are their Source of Strength, we pray:

For each of us that when we encounter dark and depressing times that we turn to You, Lord, and beg for help, we pray:

PRAYER
I asked for strength that I might achieve;
I was made weak that I might learn humbly to obey.
I asked for health that I might do greater things;
I was given infirmity that I might do better things.
I asked for riches that I might be happy;
I was given poverty that I might be wise.
I asked for power that I might have the praise of others;
I was given weakness that I might feel the need of God.
I asked for all things that I might enjoy life;
I was given life that I might enjoy all things.
I got nothing that I had asked for,
but everything that I had hoped for.
Almost despite myself my unspoken prayers were answered;
I am, among all people, most richly blessed.

BLESSING
May you not be anxious about anything.
May you present your requests to God by prayer and petition with thanksgiving.
May the peace of God which transcends all understanding guard your hearts and minds in Christ Jesus.
May the God of grace restore you and make you strong, firm and steadfast.
Amen.

You will call and the Lord will answer.
You will cry for help and He will answer, “Here am I”.
Isaiah 58:9

Live Jesus in our hearts. Forever!